



DANCING WELL: THE SOLDIER PROJECT

DANCE & COMMUNITY FOR VETERANS/ FAMILIES WITH PTSD OR BRAIN INJURY

All dances are taught and modified to fit the needs of the dancers.
Some dances can be done while seated.

FREE of charge. **ALL** are welcome!

ONLINE

Weekly Dance Parties

Wednesdays at 4 p.m. ET on Facebook Live
([Facebook.com/DancingWell](https://www.facebook.com/DancingWell))

*Fun and simple themed dances, modified
to be enjoyed at home with one to two people*



IN-PERSON

Monthly Dance Gatherings

One weeknight each month Veterans, families, loved ones and volunteers meet in person for a night of live music, dancing, refreshments and joy!

Contact Deborah for more information:
502.889.6584 or Deborah@dancingwell.org

DancingWell.org • 502-889-6584 • Facebook.com/DancingWell

NATIONAL ENDOWMENT for the **ARTS**
arts.gov/creativeforces
CREATIVE FORCES

Creative Forces Community Engagement Grants are part of the National Endowment for the Arts' Creative Forces® initiative, in partnership with Mid-America Arts Alliance.

Our Community Partners:
Jacob and Nancy Bloom

Louisville Forward